

# Core Counseling Curriculum: Lesson Analysis Chart

Element	Lesson Idea:	Lesson Idea:	Lesson Idea:	Lesson Idea:
Central Image				
Simple, Declarative Statement or Marketing Message				
Vehicle for Engaging the Learner				
Teach Something, Do Something				

# Lesson Design for School Counselors

## Key Principles/Notes

### Three Important Learning Tools

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Internal Journey of the Learner

- |    |                  |  |
|----|------------------|--|
| 1. | _____ (Desire)   | I have a need that must be resolved.                               |
| 2. | _____ (Resist)   | I don't like feeling out-of-place or uncomfortable; this is weird. |
| 3. | _____ (Connect)  | Wait, something is familiar here.                                  |
| 4. | _____ (Ignite)   | My brain is clicking & my feelings are stirring.                   |
| 5. | _____ (Process)  | I need to interact & work this out.                                |
| 6. | _____ (Conclude) | My brain filters & finds new ideas.                                |
| 7. | _____ (Act)      | Now, I must do something about this.                               |

### Make Your Lessons EPIC:

- |   |               |
|---|---------------|
| E | Experiential  |
| P | Participatory |
| I | Image Rich    |
| C | Connected     |

### Simple Lesson Structure:

1. \_\_\_\_\_ Something.
2. \_\_\_\_\_ Something.