



### **Gender Spectrum**

<https://www.genderspectrum.org>

Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for children of all ages.

### **GLSEN**

[www.glsen.org](http://www.glsen.org)

The Gay, Lesbian and Straight Education Network (GLSEN) is the leading national education organization focused on ensuring safe schools for all students.

### **GSA Network**

[www.gsanetwork.org](http://www.gsanetwork.org)

Gender Sexuality Alliance Network is a youth-led organization that connects school-based GSAs to each other and other community resources.

### **Human Right Campaign**

<http://www.hrc.org/>

The largest civil rights organization working to achieve equality for lesbian, gay, bisexual and transgender Americans.

### **National Center for Transgender Equality**

<https://transequality.org/about>

The National Center for Transgender Equality is the nation's leading social justice advocacy organization winning life-saving change for transgender people.

### **North County LGBTQ Resource Center**

[www.ncresourcecenter.org](http://www.ncresourcecenter.org)

Service area includes the communities of North County San Diego. Services include support groups for the youth, seniors, military service members, HIV/AIDS testing and prevention, counseling, civil rights advocacy and cultural competency trainings. Phone: 760-994-1690

### **PFLAG**

<http://www.pflag.com>

Parents, family and friends of the LGBTQ+ community offers support groups locally for family members.

### **Trans Family Support Services**

<http://transfamilysos.org/>

TFSS provides services such as family coaching, assistance with healthcare and insurance issues, navigating the legal system, and advocating for resources and support at schools

### **Transgender Law Center**

<https://transgenderlawcenter.org/>

Transgender Law Center (TLC) is the largest national trans-led organization advocating self-determination for all people.

### **Trans Lifeline**

<https://www.translifeline.org/>

This line is primarily for transgender people experiencing a crisis. This includes people who may be struggling with their gender identity and are not sure that they are transgender.

(877)565-8860

### **The Trevor Project**

[www.thetrevorhelpline.org](http://www.thetrevorhelpline.org)

Saving young lives, the Trevor Helpline is a free and confidential service for gay and questioning youth that offers hope and someone to talk to 24/7.

866-U-TREVOR (866-488-7386)

### **Welcoming Schools**

<http://www.welcomingschools.org>

Welcoming Schools is the nation's premier professional development program providing training and resources to elementary school educators to welcome diverse families, create inclusive schools, prevent bias based bullying, and support transgender and non-binary students.