**WEBSITES, ORGANIZATIONS AND OTHER TRANS RESOURCES**

1. International Journal of Transgenderism tandfonline.com/toc/wijt20/current
2. The Williams Institute: [williamsinstitute.law.ucla.edu/](http://williamsinstitute.law.ucla.edu/)
3. Gender Spectrum www.genderspectrum.org
4. Gender Odyssey [www.GenderOdyssey.org](http://www.GenderOdyssey.org)
5. Parents and friends of lesbians & gays www.PFLAG.org
6. WPATH: Standards of care for the health of transsexual, transgender, and gender non-conforming people (formerly known as the Harry Benjamin standards of care) WPATH.org
7. Gay & Lesbian Alliance Against Defamation GLAAD.org
8. National Center for Transgender Equality TransEquality.org
9. National LGBTQ Task Force TheTaskForce.org
10. Trans People Speak [Transpeoplespeak.org](http://www.transpeoplespeak.org/)
11. [Trans Justice alp.org/tj](http://alp.org/tj)
12. Trans Youth Family Allies [imatyfa.org](http://www.imatyfa.org/)
13. Gay and Lesbian Student Education Network glsen.org
14. Witnessing & Mirroring: A 14 stage model of transsexual identity formation (Aaron-Devor, Ph.D. 2004) [web.uvic.ca/~ahdevor/Witnessing.pdf](http://web.uvic.ca/~ahdevor/Witnessing.pdf)
15. Louise Hay’s website LouiseHay.com
16. Equality California EQCA.org
17. Renaissance Education Association REN.org
18. International Foundation for Gender Education: [IFGE.org](http://www.ifge.org/)
19. Gender Identity Research & Education Society: [gires.org.uk](http://www.gires.org.uk/)
20. FTM International FTMI.org
21. The Jim Collins Foundation [JimCollinsFoundation.org](http://jimcollinsfoundation.org/)
22. TS Surgery Guide tssurgeryguide.com
23. Letters: coming out, transition letter, letters to doctor,
24. Forms for amending birth certificate, forms for name change, letter of identity
25. Referrals for doctors, referrals for electrologists, etc.
26. Guided imagery exercise to love your body and not focus on 2-3 things you don’t like

**BOOKS RELATING TO CHILDREN& TEENS**

1. Roland Humphrey is wearing a what? Eileen Kiernan-Johnson (ages 3-7)
2. Parts and hearts: A kids (and grown-ups) guide to transgender transition by Jensen Hillenbrand
3. Jacob’s new dress by Sarah & Ian Hoffman
4. Where’s my book? A guide for transgender and gender non-conforming youth, their parents and everyone else by Linda Gromko
5. The gender quest workbook: A guide for teens and young adults exploring gender identity by Rylan Jay Testa& Deborah Coolhart
6. Beyond Magenta: Transgender teens speak out by Susan Kuklin
7. Being Jazz: My life as a transgender teen by Jazz Jennings
8. Some assembly required: The not so secret life of a transgender teen by Arin Andrews
9. Beautiful music for ugly children by Kristin Cronn-Mills
10. Almost perfect by Brian Katcher
11. Queer: The ultimate LGBT guide for teens by Kathy Belge
12. I am J by Cris Beam
13. A fire engine for Ruthie by Lesléa Newman and Cyd Moore
14. My princess boy by Cheryl Kilodavis
15. All I want to be is me by Phyllis Rothblatt
16. When Kayla was Kyle by Amy Fabrikant and Jennifer Levine
17. I am Jazz by Jessica Herthel and Jazz Jennings
18. Be who you are by Jennifer Carr
19. 10,000 dresses by Marcus Ewert& Rex Ray
20. The boy who cried fabulous by Lesléa Newman and Peter Ferguson

**BOOKS FOR PARENTS**

1. The Transgender Child by Stepahnie Brill & Rachel Pepper
2. Raising Ryland: Our story of parenting a transgender child with no strings attached by Hillary Whittington
3. Where’s my book? A guide for transgender and gender non-conforming youth, their parents and everyone else by Linda Gromko
4. Gender born, gender made: Raising healthy gender non-conforming children by Diane Ehrensaft& Edgardo Menvielle
5. The gender creative child: Pathways for nurturing and supporting children who live outside of gender boxes by Diane Ehrensaft& Norman Spack
6. Raising my rainbow: Adventures in raising my fabulous, gender creative son by Lori Duron
7. Becoming Nicole: The transformation of an American family by Amy Ellis Nutt
8. Helping your transgender teen: A guide for parents by Irwin Krieger
9. Trans-kin: A guide for family and friends of transgender people by Eleanor Hubbard
10. Transparent: Love, family and living the T with transgender teens by Cris Beam

**NON-FICTION BOOKS**

1. Transgender Christians in chains by Bobbie Lang
2. Understanding gender dysphoria: Navigating transgender issues in a changing culture by Mark A. Yarhouse
3. The transgender workbook: Your journey to womanhood by Anne Boedecker
4. The transgender guidebook: Keys to a successful transition by Anne Boedecker
5. Transgender 101: A simple guide to a complex issue by Nicholas Teich
6. Trans bodies, trans selves: A resource for the transgender community by Lauren Erickson Schroth
7. Traversing Gender: Understanding transgender reality by Lee Harrison
8. Transgender no more by Zoe Dolan
9. Becoming a visible man by Jamison Green
10. Whipping girl: A transsexual woman on sexism and the scapegoating of femininity by Julia Serano
11. Transgender history by Susan Stryker
12. The social justice advocate’s handbook: A guide to gender by Sam Killermann
13. Love maps by John Money
14. The transvestite and his wife by Virginia “Charles” Prince
15. How to be a woman though male by Virginia “Charles” Prince
16. From man to woman: The transgender journey of Virginia Prince by Richard Docter
17. My husband wears my clothes by Peggy Rudd
18. April Ashley’s odyssey by Duncan Fallowell
19. Canary by Canary Conn
20. Second serve: The Renée Richards story by Renée Richards
21. Emergence: A transsexual autobiography by Mario Martino
22. The gender trap by Chris Johnson, Cathy Brown & Wendy Nelson
23. The sissy boy syndrome and the development of homosexuality by Richard Green

**FICTION BOOKS**

1. A cut-like wound by Anita Nair
2. Sworn virgin by Elvira Dones
3. For today I am a boy by Kim Fu
4. Fingerless by Ian Donnell Arbuckle
5. Nevada by Imogene Binnie
6. First spring grass fire by Rae Spoon
7. Beyond Binary: Genderqueer and sexually speculative fiction
8. Trans-sister radio by Chris Bohjalian

**MOVIES**

1. No dumb questions (2004)
2. Transgender Tuesdays (2012)
3. American transgender (2014)
4. Ma vie en rose (My life in Pink) (1997)
5. Screaming queens: The riot at Compton’s cafeteria (2005)
6. Becoming Chaz (2008)
7. Red without blue (2007)
8. Middle sexes: Redefining he and she (2006)
9. Prodigal Sons (2008)
10. Laurence anyways (2012)
11. Becoming me- Gender within (2009)
12. Switch: A community in transition (2009)
13. Trained in the ways of men (2010)
14. The aggressives (2006)
15. 100% woman: The story of Michelle Dumaresq (2005)
16. Boy or girl? When doctors choose a child’s sex (1998)
17. Multiple genders: Mind and body in conflict (2006)
18. The gender puzzle (2006)
19. I’m just Anneke: The family journey (2010)
20. Almost myself (2006)

GLOSSARY

**3rd gender** – A gender designation in addition to male or female

**AFAB-**  Assigned female at birth and/or assumed female at birth

**AMAB-**  Assigned male at birth and/or assumed male at birth

**Androgyny** – Exhibiting both or neither male and female characteristics  
**Being read or clocked** – When someone perceives an incongruence between a person’s gender expression and their anatomical gender

**Biology and/or Anatomy** – Refers specifically to the physical characteristics of gender, separate from their gender identity and expression

**Cisgender**- Gender identity that aligns with gender assigned at birth

**Closeted** – Concealing one’s sexual orientation or transgender identity

**Cross-Dresser**- Someone who wears clothing (privately or publicly) which is associated with the opposite gender (this only describes a behavior, not to be confused with someone’s gender identity)

**Cross-Living** – Living full-time in a chosen gender role (not the role assigned at birth)

**FTM & MTF** – Female to Male (transsexual) or Male to Female. These labels do not imply hormonal or surgical intervention

**GAS**- Gender affirmation surgery or **GCS** – Gender confirmation surgery- A surgical intervention to achieve congruence between gender identity and anatomical gender

**Gender** – A system of classification that ascribes qualities such as masculinity or femininity to people, words and objects. Gender expectations vary by culture and time

**Gender affirmation surgery** or **Gender confirmation surgery**- A surgical intervention to achieve congruence between gender identity and anatomical gender

**Gender Bender** – Expressing both genders (i.e. a beard and a dress)

**Gender Congruity**- When one’s gender identity matches their anatomy

**Gender Dysphoria**- A sense of discomfort with one’s anatomical gender

**Gender Expression** – The external presentation of gender

**Gender Fluid** – Comfortably expressing either genders or none

**Gender Identity** – One’s internal psychological perception of their gender

**Gender Policing** – The enforcement of normative gender expression

**Gender Queer** – Not expressing or identifying any specific gender

**Gender Role** – The social role that one plays, as determined by the culture in which they live (varies by culture)

**Intersexed** – Person born with genitalia not clearly male or female

**LGBTQQIA**- Lesbian, gay, bi, trans, queer, questioning, intersex, asexual

**Mastectomy**- surgical removal of one or both breasts  
**New Man/Woman**- A transgender person who has completed surgery in order to achieve gender congruence

**Phalloplasty**- Surgical construction of a penis  
**Post-Operative**- A transgender person who has completed gender confirmation surgery

**Pre-Operative**- A transgender individual who has not had any surgeries

**Pseudo-Maso**- A midpoint in the surgical process, i.e. in a female to male transsexual, a mastectomy is completed but a phalloplasty is not

**Sexual Orientation** – Refers to the gender to which an individual feels sexually and romantically attracted

**Sex-Reassignment Surgery**- see GAS   
**Skoliosexual**– People who are attracted to transgender individuals  
**Stealth** – When a trans person is perceived as their presented gender (they “pass”)

**They** – Used in place of all pronouns (he/his or she/her)

**Two Spirits**- Native American term referring to those who embody both male & female traits or spirits

**Transsexual**- A person who has had surgery, or wants surgery to alter their anatomy in order to change their gender

**Transition** – Time of change from one gender to another, usually beginning with hormone therapy

**Transvestite**- A man who is comfortable with his body and identity but enjoys wearing women’s clothing occasionally or full-time

**Ze, zir** – Pronouns used instead of he/his or she/her