



STUDENT BRAG SHEET

For College/Post-secondary Planning

Name _____ D.O.B: _____ Date _____

Preferred Name: _____ Preferred Pronouns: _____

Email address: _____

Home Phone #: _____ Cell Phone #: _____

Directions: Answer **all** the questions on this self-evaluation carefully and thoroughly. Your responses will be used to form the basis of the school counselor recommendation required by most colleges and post-secondary institutions. The more information you provide the counselor, the more personalized the letter of recommendation will be.

- 1) Do you have an IEP or 504 Plan?

- 2) Have you lived outside the country? If yes, what country and when?

- 3) Languages spoken

- 4) Are you or any of your siblings the first in your family to apply to or attend college?

- 5) Father/Parent/Guardian Name, Occupation, & Level of Education

- 6) Mother/Parent/Guardian Name, Occupation, & Level of Education

- 7) List 5 to 10 colleges/universities that most interest you and to which you may possibly apply.

- 8) What are your future goals? What do you want to become? What area of further study most interests you and why?

9) List any awards, honors, or recognitions you have received.

10) Describe your Student Service Learning activities. What did you learn about yourself and others through each activity?

11) What leadership role(s) have you held while in high school (formal or informal)? What have been some things you have learned from this/these role(s)?

12) Of all of your activities inside and outside of school, which has been the most important to you and why?

13) What are you passionate about (personal hobbies or interests)?

14) What three characteristics or traits best define you? How would others (friends or family)

describe you?

15) Describe what you believe are your academic and personal strengths.

ACADEMIC:

PERSONAL:

16) Discuss an academic or personal setback and how you have worked to overcome it. What has the experience taught you?

17) Describe your most rewarding academic experience during high school.

18) Do you believe your transcript is an accurate reflection of your ability? Why or why not? What factors have influenced your school performance, either negatively or positively? Please explain any grade on your transcript that a college may question.

19) What responsibilities do you have at home (such as caring for younger siblings or other family members, helping parent(s) with translation, working to help with family income, etc.)?

20) What sets you apart from other college bound students? What attributes will you bring to a college campus? What would you like to get out of your college experience?

21) Is there any further information that you would like your counselor to know about you? Have there been any unique issues that may have affected your school performance that you would like your counselor to share with your college?