

Maximizing your potential  
**GROWTH MINDSET**

---



# About Revolution Prep

---



## The best tutors, anywhere, anytime!

Revolution Prep is the leader in providing high-quality, online academic and test prep tutoring

### Our mission

- We don't just improve scores, we also lower stress and improve confidence for students and parents
- We find the perfect tutor match for each of our students
- We want to help families in any way we can, regardless of budget

### Our experience

- We have worked with over 1,000,000 students since 2002
- We have partnered with over 1,000 schools
- We are experts in the intricacies of standardized assessments
- We have industry-leading customer feedback

### How we deliver results

- Live, online instruction with the only full-time, professional tutors
- Regular assessments to measure student growth and achievement
- Weekly video updates to keep families informed of progress

A LITTLE  
**ABOUT ME**



**Mark Guenther**

Senior Academic Advisor

[mark.guenther@revolutionprep.com](mailto:mark.guenther@revolutionprep.com)

A LITTLE  
**ABOUT ME**



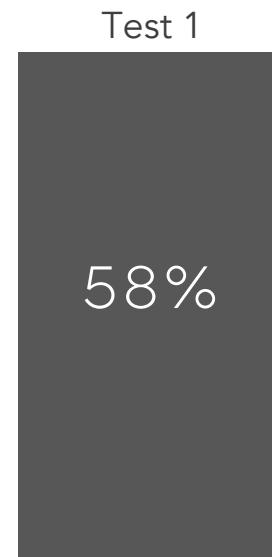
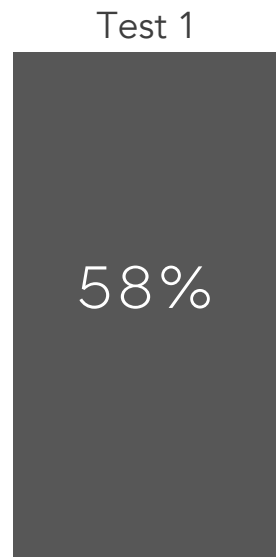
**Warren Quirett**

Assistant Director of College Counseling

[wquirett@stjohnschs.org](mailto:wquirett@stjohnschs.org)

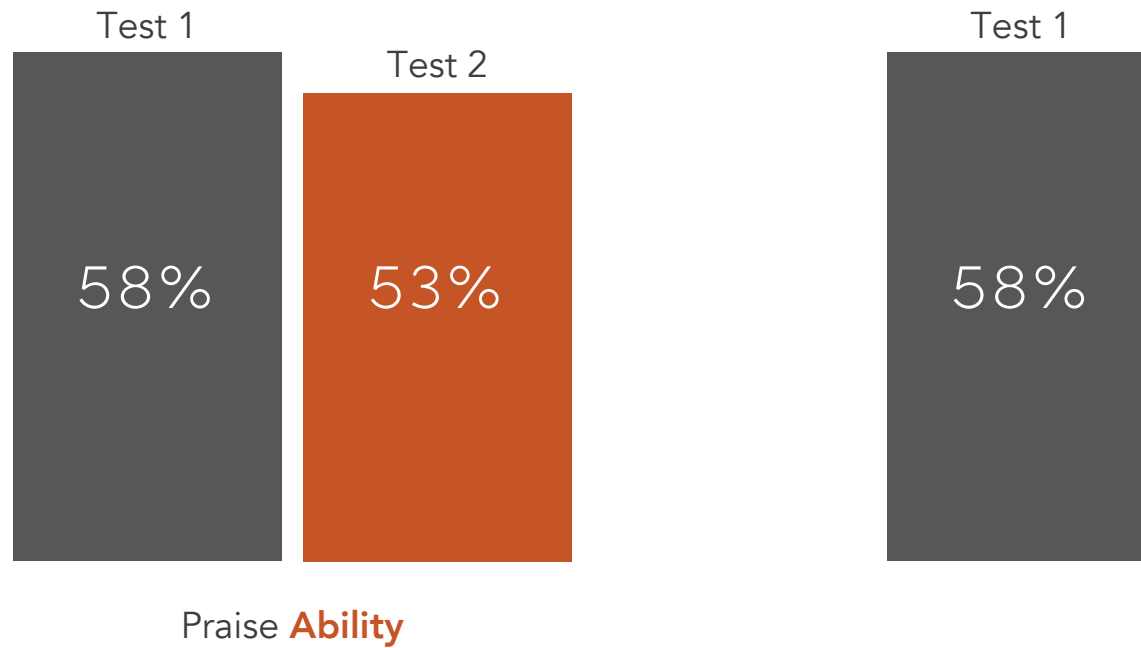
# The True Story about **Ability & Effort**

---



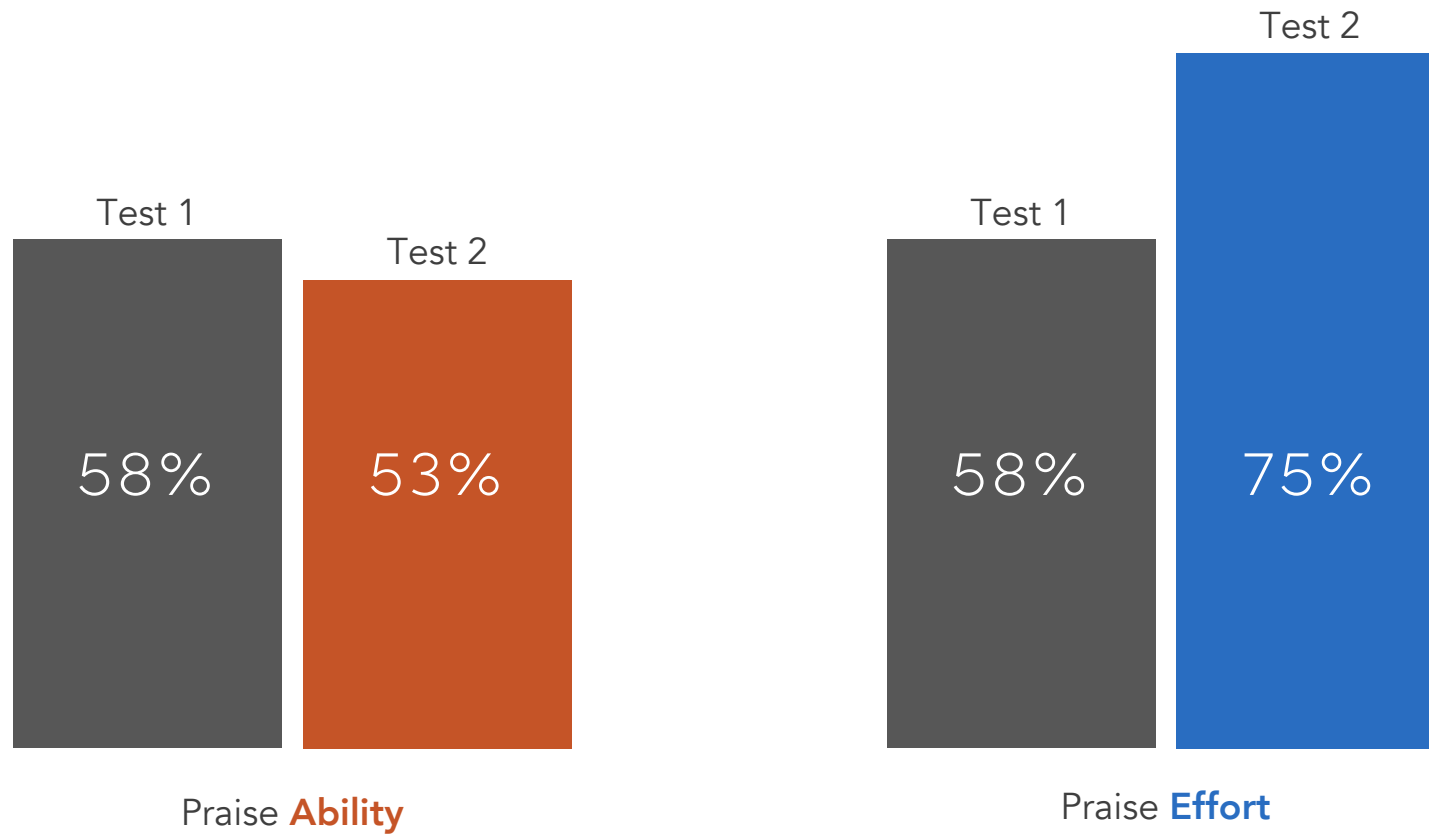
# The True Story about **Ability & Effort**

---

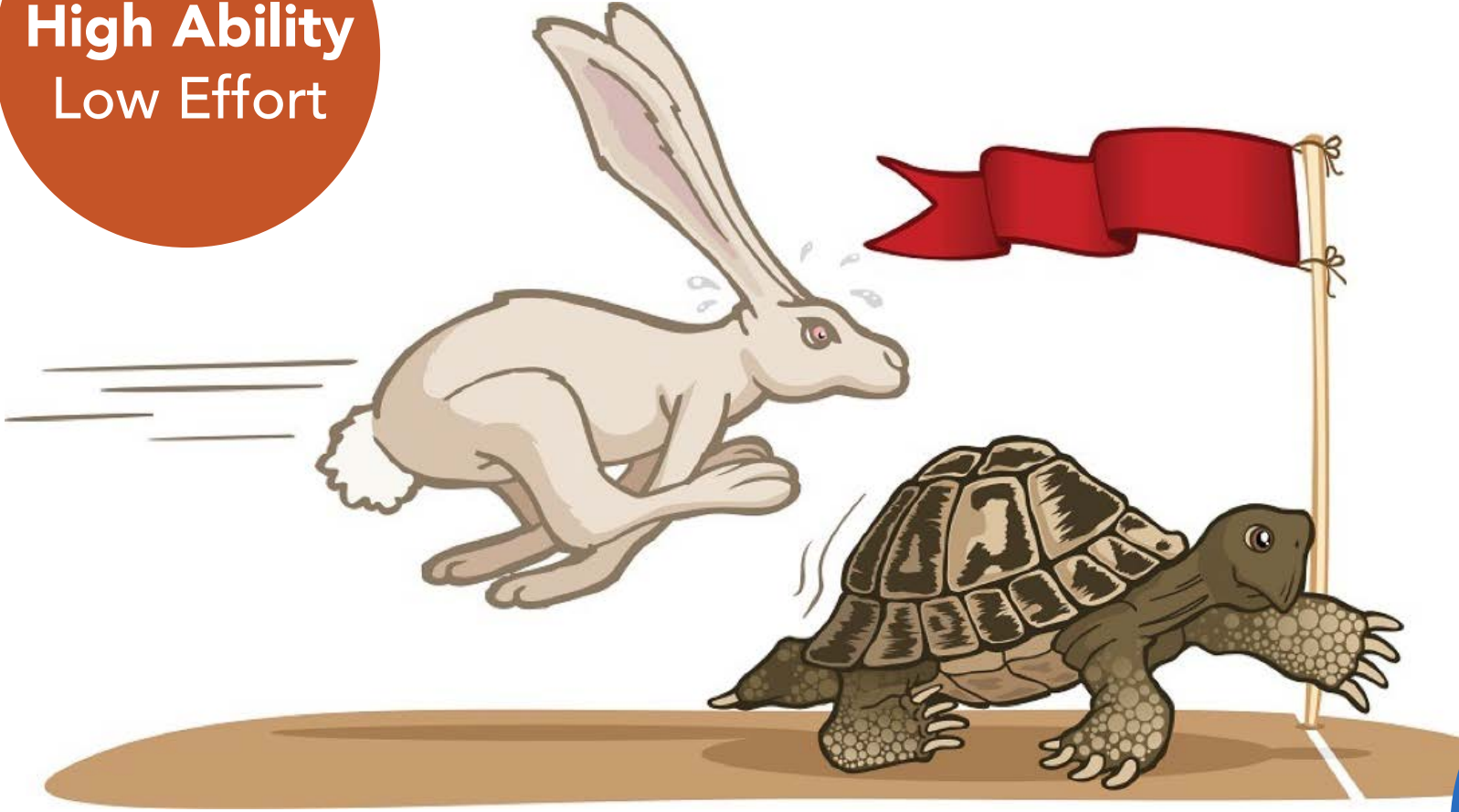


# The True Story about **Ability & Effort**

---



**High Ability**  
Low Effort



Low Ability  
**High Effort**



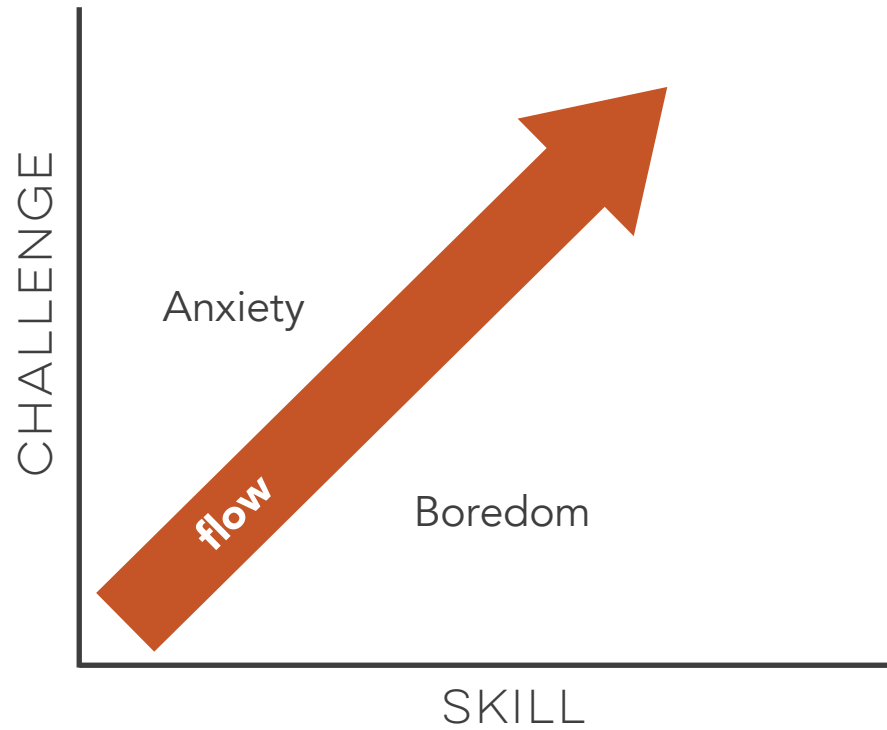
# GROWTH MINDSET

## **KEY TAKEAWAYS**

- 1** We grow through challenge
- 2** Learn how to identify mindsets
- 3** Your mindset can change
- 4** Beware of labels
- 5** Having a Growth Mindset is not always easy

Key Takeaway #1

**WE GROW  
THROUGH  
CHALLENGE**



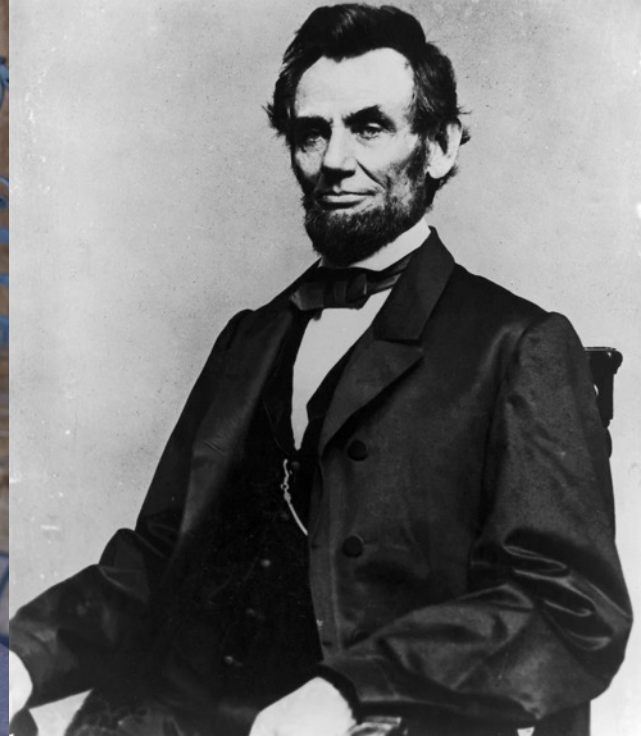
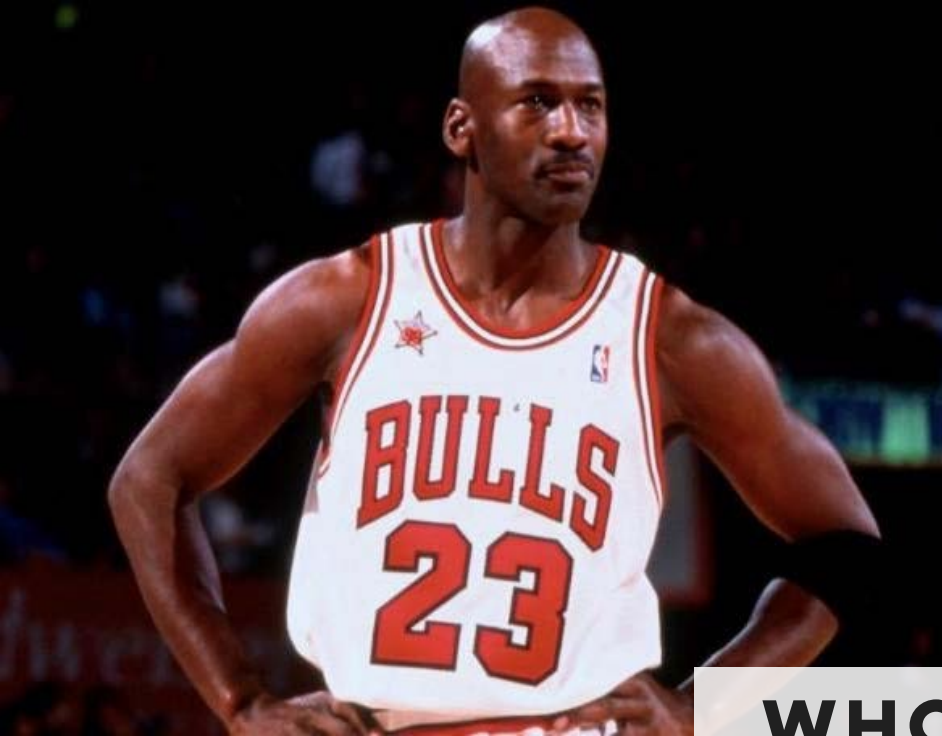
WHY DO WE  
AVOID DOING  
**THINGS THAT  
ARE HARD?**



THE MYTH  
**EFFORTLESS**  
**TALENT**



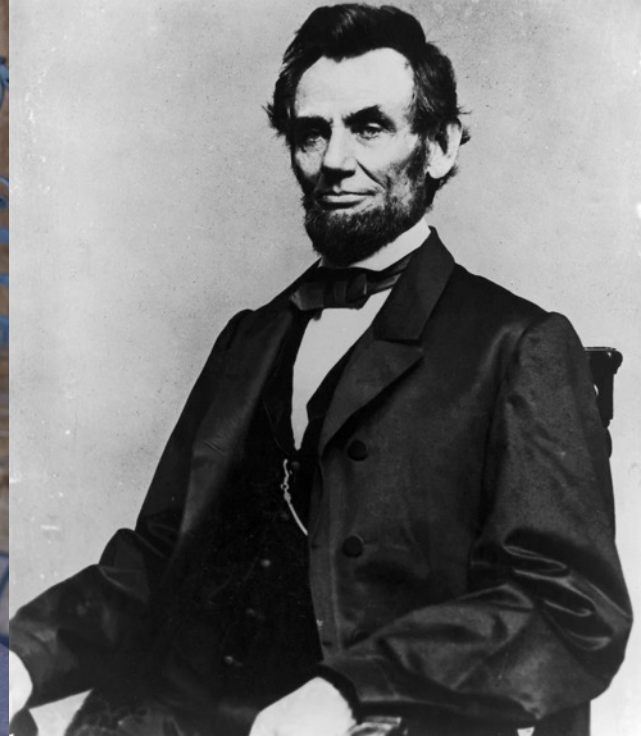
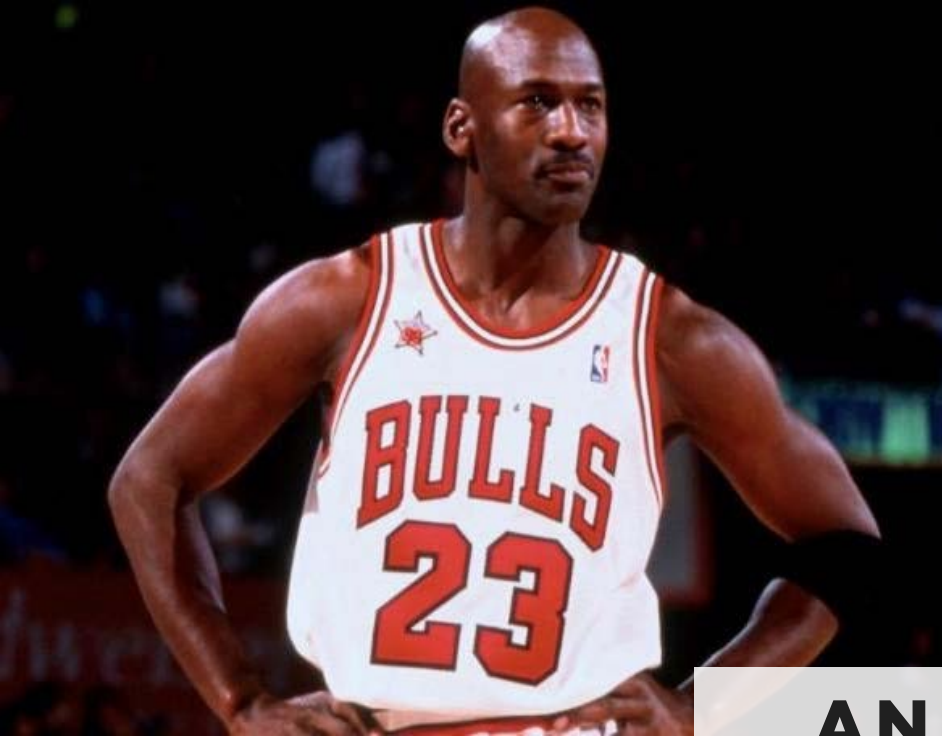




**WHO HAS "FAILED?"**







**AND YOU AND ME!**



Key Takeaway #2

**LEARN HOW  
TO IDENTIFY  
MINDSETS**

**Growth** Mindset



**Fixed** Mindset





## Identifying a **GROWTH MINDSET**

- Embraces challenge
- Persists in the face of setbacks
- Sees efforts as the path to mastery
- Learns from criticism
- You are excited to try new things





## Identifying a **FIXED MINDSET**

- Avoids challenges
- Gives up easily
- Sees effort as fruitless, or worse!
- Feels threatened by the success of others
- You only try things you are already good at

YOUR WORDS  
CAN **REVEAL**  
**YOUR MINDSET**



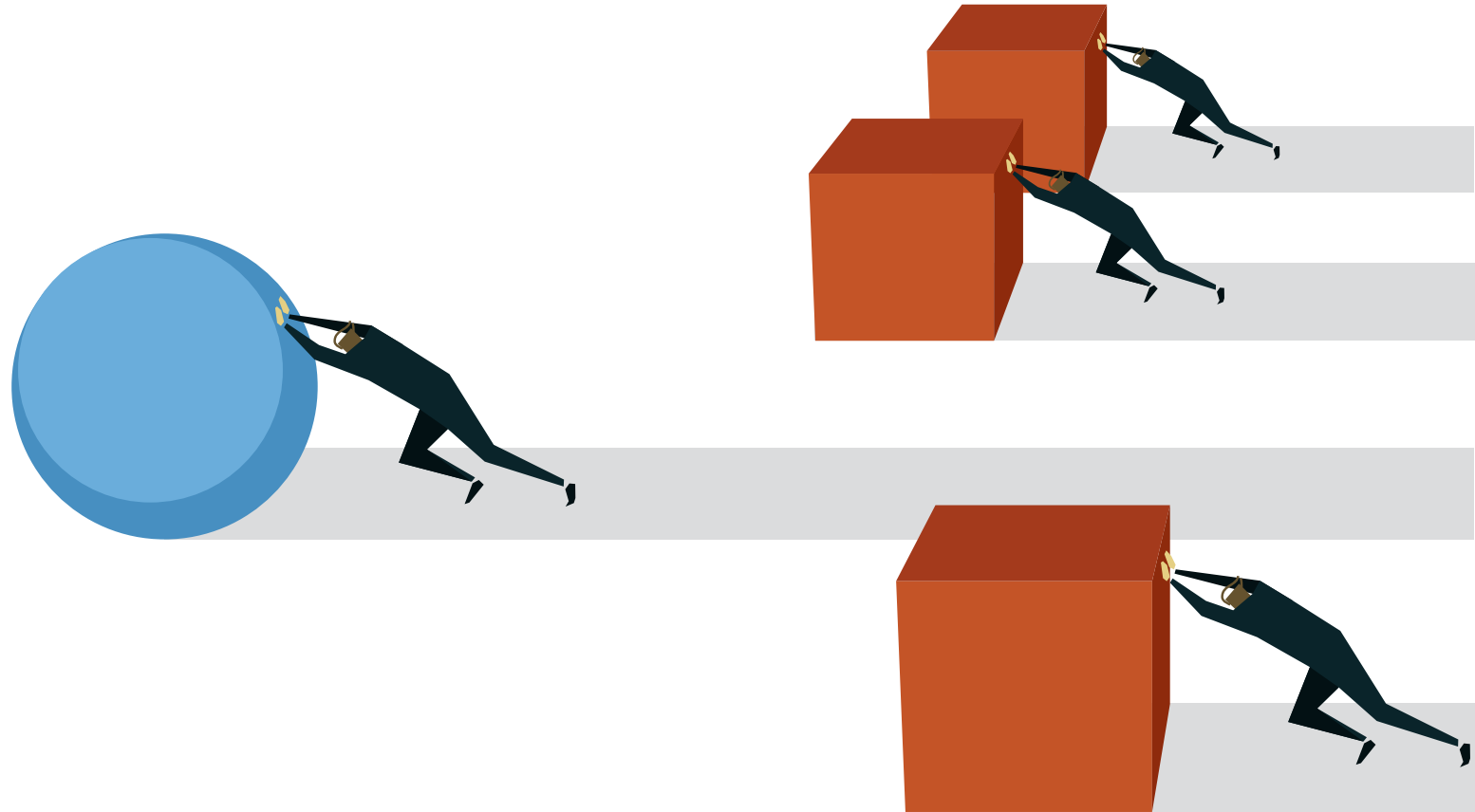
- "Math has been challenging for me."
- "When I have tried to organize my homework, I have not had success."
- "I can become more confident in Chemistry if I put in hard work."



- "I'm just not good at math"
- "I am never able to keep my homework organized"
- "Chemistry makes me really anxious"

Key Takeaway #3

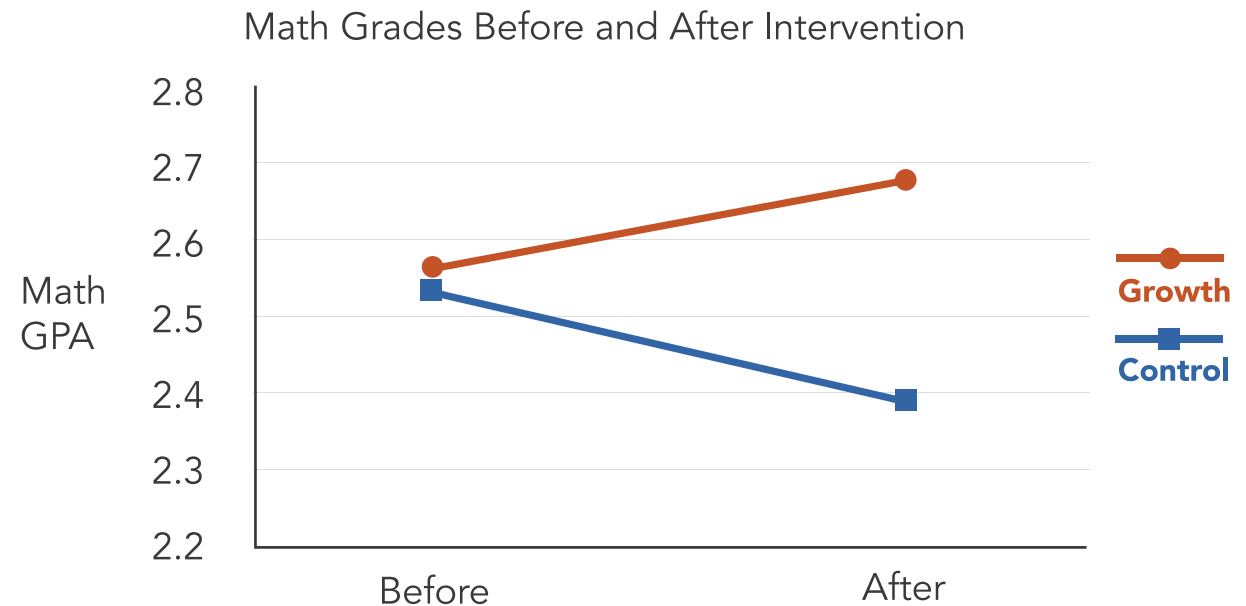
**YOUR  
MINDSET  
CAN  
CHANGE**



**“Mindsets are just beliefs.**  
They're powerful beliefs, but  
they're just something in your  
mind, **and you can change  
your mind.”**

-Dr. Carol Dweck

## Impact of a Growth Mindset Intervention



Blackwell, Trzesniewski & Dweck (2007) *Child Development*

WHO WAS YOUR  
**FAVORITE TEACHER?**  
WHY THAT **PERSON?**



# WHO IMPACTS **STUDENT MINDSET?**

- Parents/Manager/Leaders
- Teachers/Trainers
- Colleagues/Peers
- Yourself



Building  
Growth Mindset

## HOW YOU PRAISE AND CRITIQUE MATTERS



- "You're so good at math!"
- "You're such an awesome student."
- "You should have earned an A because you're so smart."



- "You' worked really hard!"
- "I appreciate your determination."
- "I am disappointed that you did not give your full effort"

# The Power of "YET"

---

...YET





YOU CAN WORK  
WITH AN EXPERT  
**TO IMPROVE  
YOUR MINDSET**

- The right tutor challenges, inspires, and motivates
- The right tutor is a full-time professional
- The right tutor increases test scores, improves grades, and decreases stress

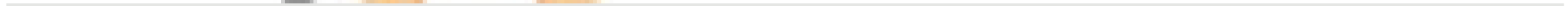
Key Takeaway #4

**BEWARE OF  
LABELS**



**NOT PEOPLE**

**Some Labels  
Can be Helpful**



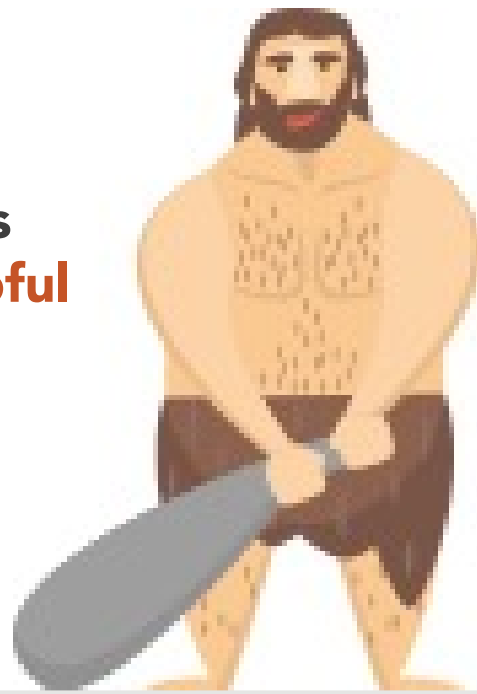
**Some Labels  
Can be Helpful**



I Eat This



**Some Labels  
Can be Helpful**



I Eat This



This Eats Me



**Other Labels**  
**Can be Dangerous**



Growth  
Mindset

## **HOW DO YOU LABEL YOURSELF?**

1. What's a skill/trait you think of yourself as **"naturally good at?"**
2. What's a skill/trait you think of yourself as **"naturally not good at?"**
3. What's a skill/trait you think of yourself as **"not good at now, but I am getting better at it as I keep trying?"**

Key Takeaway #5

**HAVING A GROWTH  
MINDSET IS NOT  
ALWAYS EASY**





When is it **easy** to  
have a growth mindset?



When is it **difficult** to have a growth mindset?



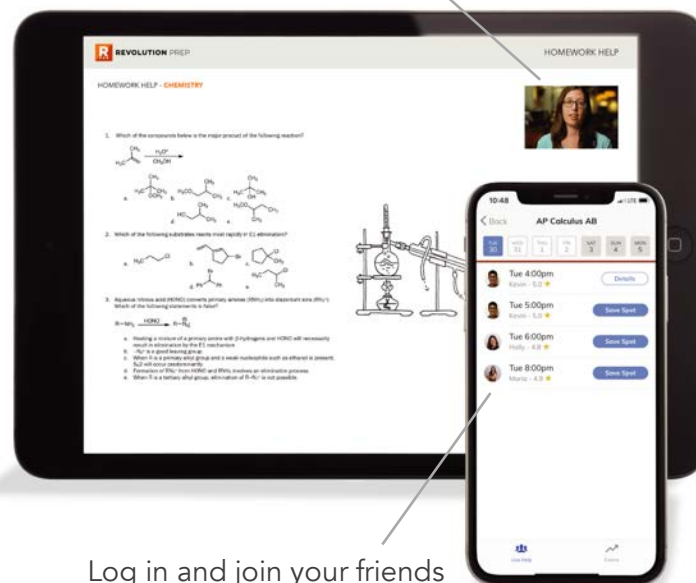
What makes

**HOMEWORK  
A MINDSET  
RISK?**

- Homework occurs after school, when students usually do not have access to their teachers
- Homework presents a time when students can fall behind academically
- Parents may be unable to help with homework

# Unlimited Live **HOMEWORK HELP**

Our Best Tutors are standing by when you need it! 7 Days/week in any major subject!



Log in and join your friends in a live videoconference.

## **1** Choose your subject

Experts are available in every major subject in grades 6-12

## **2** Choose your time

Our tutors are available when you need them – after school and later every night of the week

## **3** Rock your assignment!

Whether it's homework or a quiz or test, you will rock it with Homework Help!

Mindset and  
**COLLEGE  
ADMISSIONS**

- The college admissions process is designed to test a student's mindset
- Effort and attitude can have a significant impact on grades and standardized test scores
- How will students handle "failure" once they get to college?

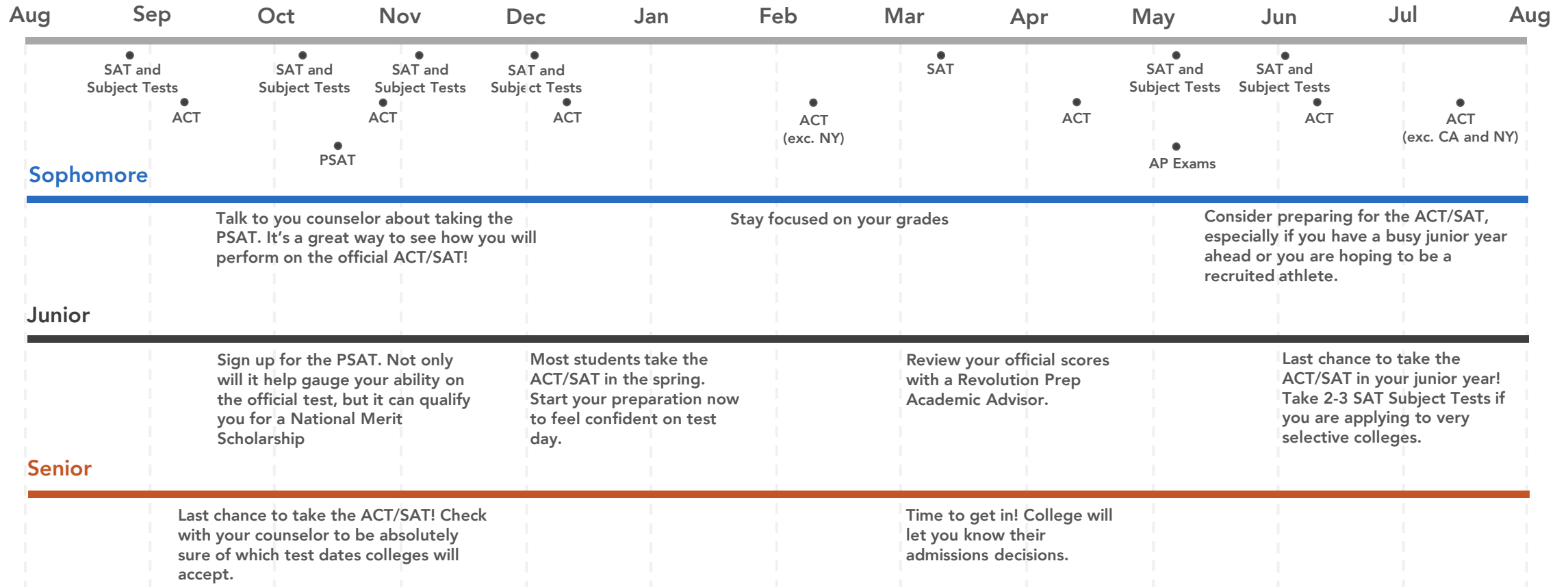
Growth Mindset in the  
**COLLEGE  
COUNSELING OFFICE**

- Identifying negative self-talk
- Does the student understand  
**Growth Mindset** vs **Fixed Mindset**?

Applying Growth  
Mindset in  
**COLLEGE  
COUNSELING**

- Reviewing the Transcript should be about setting goals
- Using Naviance – Students love Scattergrams
- Seniors talking about goal setting in small groups with underclassmen

# The Testing Process is Designed to Challenge Your Mindset



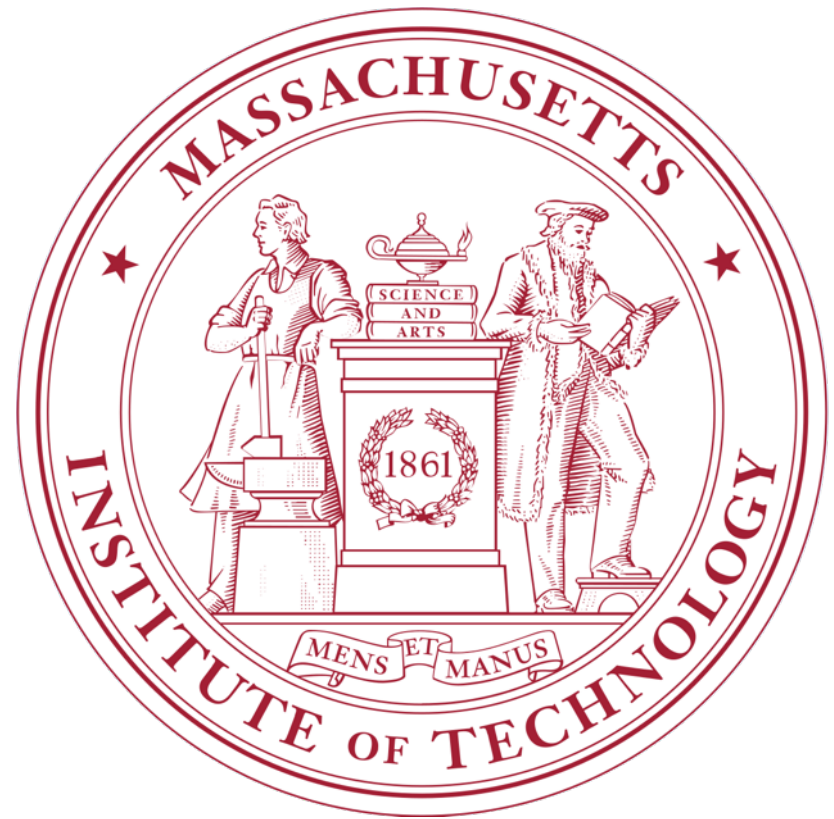


College Admissions  
Tests are Designed  
**TO CHALLENGE  
YOUR MINDSET**

**What is the sum of all  
integers from 1 to 100?**

A Growth Mindset will  
help you be more

**COLLEGE  
COMPETITIVE**



# GROWTH MINDSET

## **KEY TAKEAWAYS**

- 1** We grow through challenge
- 2** Learn how to identify mindsets
- 3** Your mindset can change
- 4** Beware of labels
- 5** Having a Growth Mindset is not always easy

Growth Mindset  
and **GRIT**

- My student
- My story

I can't do this...

I don't understand...

I don't know the answer...

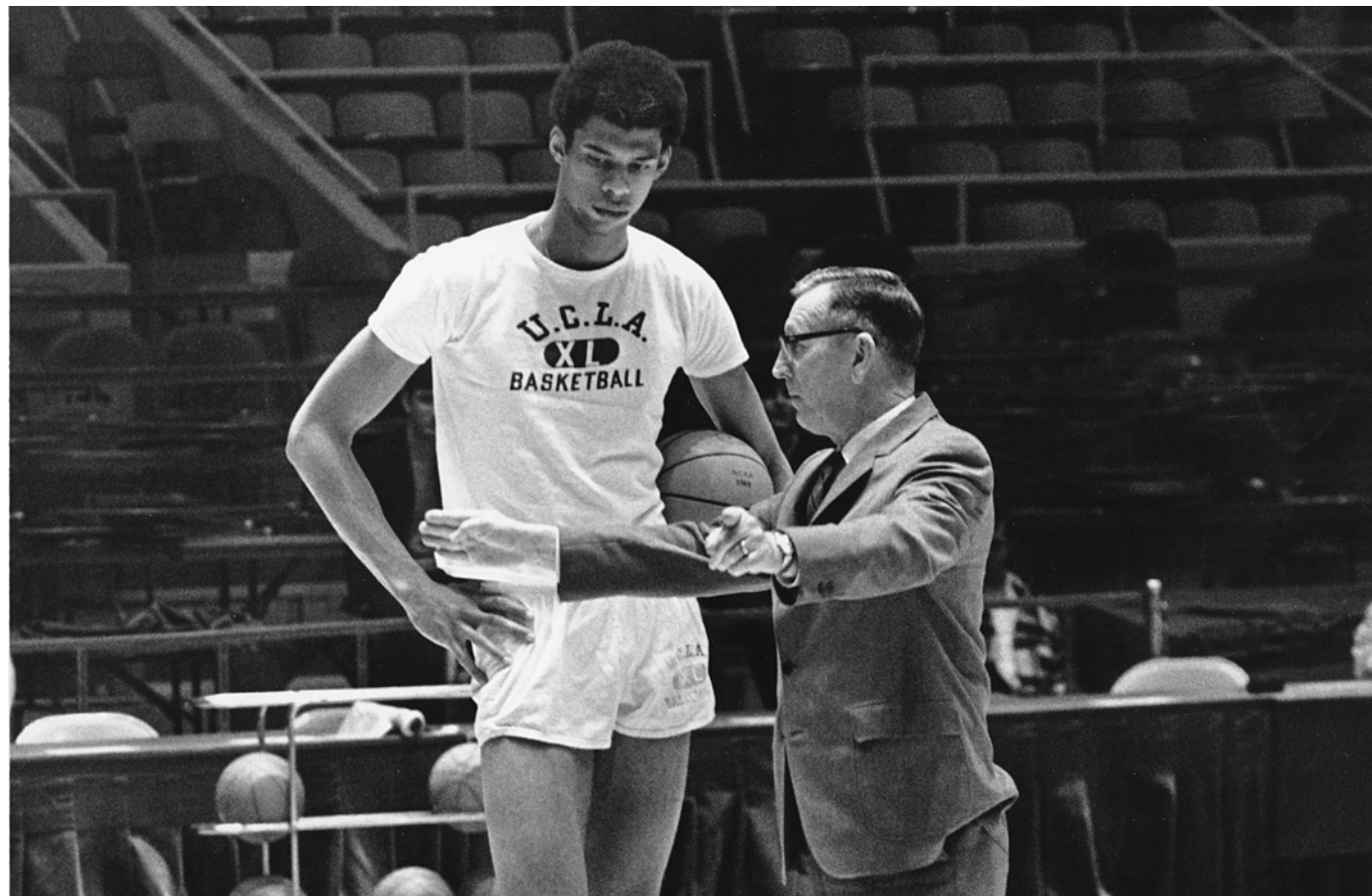
I'm not good at this...

This doesn't work...



**YET!**

A coach for all seasons  
**JOHN WOODEN**  
(1910-2010)



*(Kareem Abdul-Jabbar with Coach John Wooden in 1969. UCLA Basketball)*

# GROWTH MINDSET **STARTS WITH US...**

- Are we setting personal goals?
- Are we setting goals in our office/department?
- Are we checking in with our colleagues?

## NEXT STEPS

- Developing a Growth Mindset becomes more important each day
- A Growth Mindset is built over months and years, not hours
- Test Your Mindset  
[www.mindsetonline.com](http://www.mindsetonline.com)



**ANY** QUESTIONS?



# HOW REVOLUTION PREP **HELP STUDENTS**

## OUR **PROGRAMS**



Private Tutoring



Small Group Courses



A+ Habits



Homework Help

## OUR **RESOURCES**

[revolutionprep.com/resources](https://revolutionprep.com/resources)



Practice Exams



Webinars & Presentations



Videos



Blog Post



[www.revolutionprep.com](http://www.revolutionprep.com)