SEL Planning Checklist For the ESL Classroom

Self - Awareness

- ❏ Journal writing, reflective writing, and quickwrites
- ❏ Emoji admit / exit slips
- ❏ Classroom norms and consequences
- ❏ Choice in assignments and activities (e.g. stations based on interest, readiness, and/or learning style)
- ❏ That's Me! Activity

- ❏ _____
- ❏ _____
- ❏ _____

Self - Management

- ❏ Mindfulness
- ❏ Meditation applications
- ❏ Identifying self-motivation techniques
- ❏ Physical organization (e.g. dedicated classroom notebooks and folders)
- ❏ Technology supports for organization (e.g. Google Classroom; Remind)
- ❏ Goal setting and reflection

- ❏ _____
- ❏ _____
- ❏ _____

Social Awareness

- ❏ Role play
- ❏ Writing from someone else's perspective
- ❏ Lessons on diversity and culture
- ❏ Understanding social cues
- ❏ Readings from multiple perspectives and cultural groups, and about different social issues
- ❏ Restorative Justice Circles
- ❏ Sharing and listening
- ❏ _____

- ❏ _____

Relationship Skills

- ❏ What's in a name?
- ❏ Socratic Seminar (e.g. around social scenarios)
- ❏ _Accountable Talk_ stems
- ❏ Authentic communication
- ❏ Role play
- ❏ Mindful student groupings
- ❏ Collaborative competition games
- ❏ Line ups

- ❏ _____
- ❏ _____

Responsible Decision Making

- ❏ Self and peer assessments
- ❏ Classroom norms and agreements
- ❏ Reflecting on successes and challenges
- ❏ Socratic seminar/ Round table discussion
- ❏ Letter to future self

- ❏ _____
- ❏ _____
- ❏ _____

Other: Bringing the students' selves & backgrounds into the classroom

- ❏ Sharing personal, cultural, & family histories & relationships
- ❏ Writing letters to other teachers about interests, strengths, & struggles in their classes
- ❏ Sharing celebrations of learning

- ❏ _____
- ❏ _____
- ❏ _____