



# Improving health by transforming care through Centering groups

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Centering<sup>®</sup>  
Healthcare  
Institute



**CenteringPregnancy**



# CenteringParenting

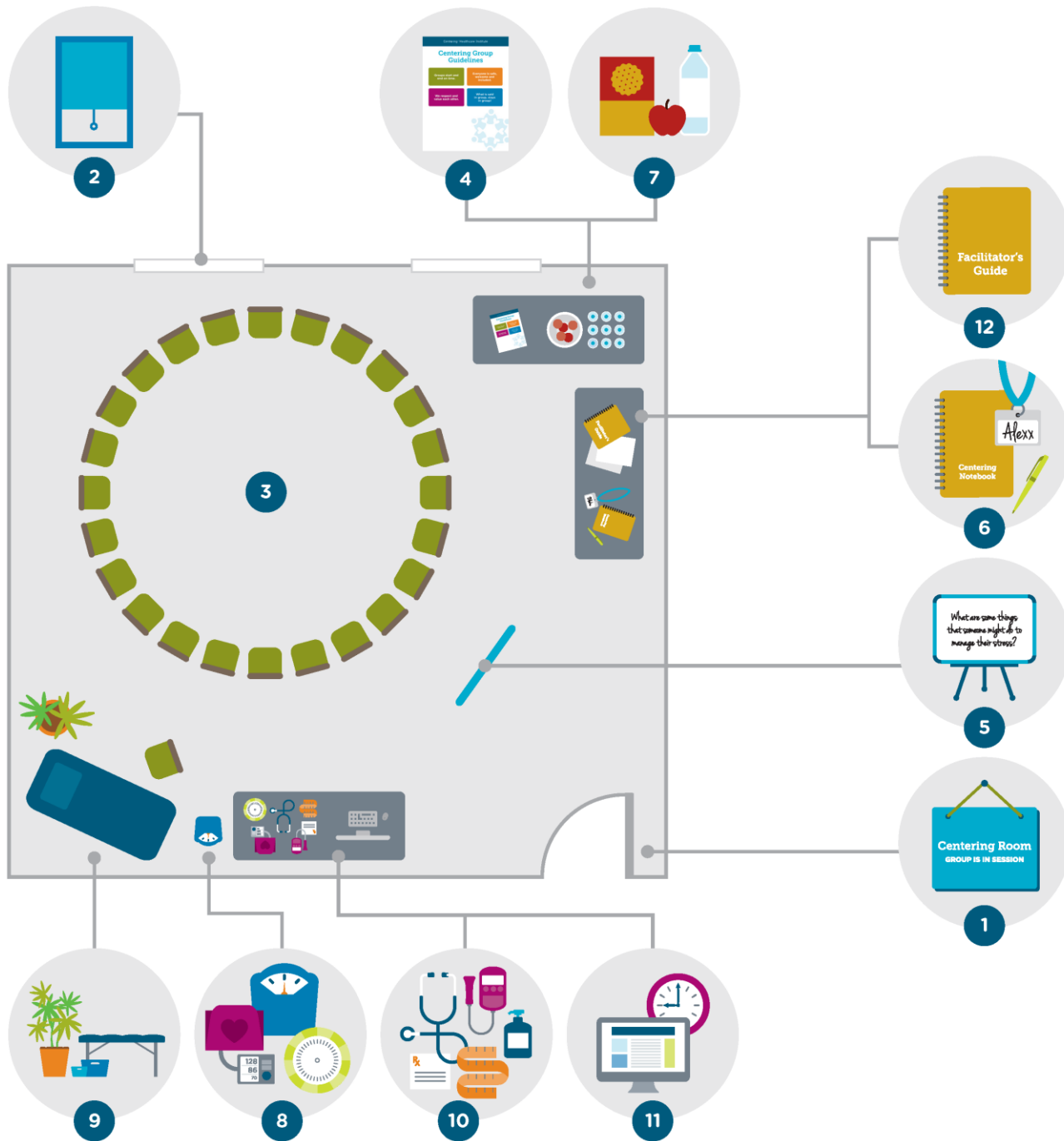


**CenteringHealthcare**

Centering is the **billable**  
primary care visit

# Core Components of Centering





A busy pediatric clinic with staff and families. In the foreground, a woman in a black top and jeans sits on a green and blue play mat, smiling at a baby who is playing with a wooden toy. A man in a grey shirt sits on the mat to the right. To the left, another woman in a grey sweater sits on the mat. In the background, several staff members in blue and white scrubs are interacting with families. One woman is holding a baby, and another is standing by a table. The room has large windows with a view of trees and a colorful quilt on the wall.

70,000  
families this year